

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Milk	Bournvita/Horlicks	Bournvita/Horlicks	Bournvita/Horlicks	Bournvita/Horlicks	Bournvita/Horlicks	Bournvita/Horlicks	Bournvita/Horlicks
Breakfast	Porridge Butter Toast	Pao Bhaji	Matar Kulcha	Suji Idli Sambhar,Chutney	Vegetable Upma Bread Jam	Aloo Poori	Aloo Stuffed Parantha Curd
Fruit, Seasonal	Plum	Mango	Banana	Plum	Mango	Banana	Mix Fruits
Lunch	Arhar Dal	Pakori Kadhi	Masoor Dal	Rajma	Tadka Dal	Yellow Dal	Veg. Biryani
Seasonal veg	Bhindi Masala	Jeera Aloo	Aloo/Ghobi/Capsicum	Zeera Rice	Mix Vegetable	Cabbage Matar	Boondi Raita
	Zeera Rice	Steamed Rice	Chapati	Tadka Raita with Greens	Steamed Rice	Chapati	Papad
	Chapati	Chapati	Rice	Salad	Chapati	Rice	Green Chutney
	Salad	Salad	Salad	Chapati	Salad	Salad	Salad
Evening Snacks	Macroni	Veg. Vemicilli	Bread Pizza	Veg S/W	Poha	Fried Suji Idli	Veg. Cutlet
Dinner	Dum Aloo	Dal Palak	Choley	Lauki chana	Paneer Special	Kala Chana	Veg. Noodles
	Tamatar Pulav	Lauki Kofta	Bhuture	seasonal veg	Dal Makhani	Palak Corn	VEG. Manchurian
	Salad	Salad	Gulab Jamun	chapati	Chapati	Chapati	Ice-Cream (Summer)
		Chapati		salad	Salad	Salad	Fruits Custurd (winter)
				Sweet			